

## **Internship Placement**

### **Organization: Centre for Coldwater Fisheries Research**

Address: Centre for Coldwater Fisheries Research, Sa Pa, Lao Cai province

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### **1. Placement description**

Centre for Coldwater Fisheries Research has Function of Utilizing natural coldwater resource for farmed species in order to enhance fisheries production, transit rural economic structure and improve living standard for local mountainous farmers. Their tasks are a) Produce broodstock of Rainbow trout, sturgeon and some coldwater aquatic species for farmers to develop aquaculture; b) Test and appraise the farming ability of coldwater aquatic species in ecological conditions of coldwater regions and c) Test and control the quality of stock; join national disease and environment warning system. Best season for internship is from March to October as the rainy season as water is more available, so are their activities.

### **2. Project Work Description**

This place can be one of the hosts for Vietnamese and international students. Interns or students will be contacted and consulted upon receiving their application or letter of interest to develop activities and schedules. In general, the following work and research study can be done at the centre in freshwater fish production:

- Assist day to day management production
- Research on improving nursing and grow-out techniques.
- Feeding of broodstock and fingerlings
- Water quality and health monitoring and management

### **3. How to get there?**

After arriving Noi Bai international airport, Ha Noi, interns can travel from Hanoi to Sapa by night train 9 hours with a cost of 50.0000 VND (USD 33). There is public bus from railway station to Sapa (20 km).

### **4. Living conditions**

There are available guest rooms for students in the centre or cheap hotel nearby. It costs US\$ 50-100 per month. Each meal costs US\$ 1.0-1.5 on average at the centre canteen or popular pub just outside the centre.

### **5. Climate**

There are four seasons in the North of Vietnam in general. It is hot in summer (June to August 30 Degree Celsius), cool in autumn (September to November, 24 degree), wet and cold in Winter and Spring (December to April with 20 degree). The average rainfall is 1,800mm.

### **6. Culture**

People living there are mountainous ethnic people rich in culture and traditions such as love market, traditional dancing and drinking. Shoes or sandal does not matter but most of the time you will need to

walk; therefore, light sport shoes/trainers will be suitable. Dress conservatively; casual clothing is suitable while working at the fish farm - T-shirts, shorts and sandals are appropriate.

### **7. Host arranges**

- Dormitory type accommodation inside
- Subsidized rate for food wherever possible
- Work space telephone with common rate
- Fish, tanks, ponds, labour and other materials for research, if needed

### **8. Interns are responsible for the followings:**

- International airfare (please check with your University, may have this provision)
- Transportation from and to the airport
- Fees for visa/passport
- Food and drinks (approx. about US\$1/meal)
- Warm clothes as it is cold in the mountain
- Any costs of trips, trainings, and others arranged personally
- Insurance and costs of damages due to personal negligence

### **9. Miscellaneous**

Travel medical kit, light mosquito net, insect repellent, sleeping bag, flash light, umbrella or rain coat, few books, a towel and toiletries. But do not bother if you need to buy them, they are available locally at cheap prices.

Note: you will be paired with students of our local partner institution, as far as possible.

## Photos of the Farm



The centre seen from Thac bac water fall nearby



Grow out tanks