

Night Lighting Improves Tilapia Production In Thailand Trial

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Suspended fluorescent lighting illuminated test ponds throughout the night hours.

Light has a growth-promoting effect in temperate fish species, especially salmonids. Fish under lights during the night exhibit increased foraging. As a result, their food intake increases and may enhance growth and production. In addition, nighttime lights attract insects, which can be a source of additional animal protein for the cultured fish.

Increased food intake of about 10-15% due to light has been reported in Norwegian salmon, resulting in 30-40% higher growth. Similarly, sibling Atlantic parr grew larger under constant light than under a natural or simulated natural photoperiod.

Although nighttime lighting has not been extensively studied with tropical fish like tilapia, a recent field trial at the Asian Institute of Technology (AIT) near Bangkok, Thailand investigated the effects of nighttime illumination on the growth and yield of Nile tilapia.

Study Setup

In the 90-day trial, hormonally sex-reversed, all-male Nile tilapia (*Oreochromis niloticus*) fingerlings of 10-20 g were grown in eight 200-m² earthen ponds. The ponds were fertilized weekly with urea (46% N) and triple super phosphate (45% P₂O₅) at 3 kg nitrogen and 1.5 kg phosphorous/ha/day. All ponds were stocked at 3 animals/m².

Feeding

Fish stocked in four ponds were fed commercial pellets with 30% crude protein at 9 a.m. and 4 p.m. daily. Feed was applied at 3.5% of estimat-

ed biomass during the first 15 days, then at rates decreasing by 0.5% every 15 days until reaching 1.5% of the biomass. Fish in the other four ponds fed exclusively on natural productivity.

Lighting

Five 40-watt fluorescent tubes were installed in parallel over each of two ponds receiving commercial feed and two ponds without added feed. Placed across the long pond axes at a distance of 3 m, the lights were on during the night throughout the trial period.

Water Quality

An automated data logger connected to a dissolved oxygen (DO) meter measured diel dissolved oxygen and temperature at 5-, 25-, 45- and 65-cm depths. Measurements were simultaneously recorded at two-hour intervals for three consecutive days from the illuminated and nonilluminated ponds. Column water samples were collected from three designated points of each pond, and chlorophyll- α , phaeophytin- α , total ammonia-nitro-

gen, and nitrite- and nitrate-nitrogen were determined biweekly.

Results

Table 1 summarizes the results of the study. The fish in ponds with nighttime lighting had higher growth rates and production than fish in the control ponds. Similarly, the fish in ponds fed the commercial ration had higher growth rates than fish in the fertilized-only ponds. In the ponds that received only inorganic fertilization, nighttime illumination had little apparent effect on fish growth and production.

In the ponds that received commercial feed, there was a 25% higher ($P < 0.05$) fish yield from the nighttime illuminated group compared to the nonilluminated group. Feed-conversion ratios were also lower for nighttime-illuminated fish than nonilluminated fish.

No significant impacts on diel temperature and dissolved oxygen regimes were found. Chlorophyll- α concentration and phytoplankton biomass were not affected by nighttime illumination.

Table 1. Performance of Nile tilapia cultured under semi-intensive conditions with and without nighttime lighting (mean \pm SE).

Pond Treatment	Extrapolated Yield (mt/ha/year)	Weight Gain (g/fish/day)	Survival Rate (%)	Apparent FCR
No supplementary feeding				
Control	9.4 ^a \pm 1.2	1.0 ^{ab} \pm 0.2	91 ^a \pm 1.7	—
With nighttime lighting	11.8 ^{ab} \pm 0.9	1.2 ^a \pm 0.1	89 ^a \pm 4.0	—
With supplementary feeding				
Control	17.6 ^b \pm 0.3	1.9 ^{bc} \pm 0.1	87 ^a \pm 3.1	0.9 ^a \pm 0.0
Without nighttime lighting	22.0 ^c \pm 0.2	2.1 ^c \pm 0.1	94 ^a \pm 2.2	0.7 ^b \pm 0.0

Results of the trial in Thailand indicated it is possible to increase tilapia yields by using nighttime lighting if the fish receive supplementary feed.

Water quality data showed no significant improvement in culture conditions in the different ponds, indicating that nighttime illumination likely has positive effects on the production of fish growth hormone and/or the efficiency of feed intake and utilization. The lower apparent and true feed-conversion ratios found in nighttime-illuminated fish that received supplementary feeding demonstrated the potential of this alternative. However, it was not clear that light had any impact on growth hormones, as hormone levels in fish were not assessed.

Conclusion

Results of the trial in Thailand indicated it is possible to increase tilapia yields by using nighttime lighting if the fish receive supplementary feed. However, the costs and practical issues associated with lighting must be considered before implementation on a commercial scale. Further research should investigate the effects of different light colors, intensities, and duration on the growth and reproductive performance of tilapia.